

The image features a quote by Eleanor Roosevelt centered within a light gray rectangular frame. The frame has a double-line border and a subtle drop shadow, giving it a three-dimensional appearance. The text is in a clean, sans-serif font, with the main quote in a larger size and the attribution in a smaller size below it.

GEBRUIK JE VERSTAND
OM JEZELF TE
BEHEERSEN; GEBRUIK
JE HART OM ANDEREN
TE LEIDEN.

ELEANOR ROOSEVELT

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